

“Waterpipe Is Like a Wife”: Qualitative Assessment of Perspectives on Waterpipe Smoking Dependence

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Supplementary file 1. Topic guide for focus groups with current WP smokers

1. In your opinion, what signs indicate that smokers are dependent on WP?
2. What changes in your smoking patterns indicate that you became more attached to narghile? (frequency, number of narghiles, puffs frequency and depths)
3. Which of the following symptoms (sweating or rapid pulse, tremor, insomnia, nervousness, irritation, stress, impatience, aggression, bad mood, anxiety, difficult concentration) could be seen among narghile smokers, if deprived?
4. What does it mean to you “Smoking narghile became a habit”?
5. For you, how difficult will be to quit narghile?
6. To what extent are you confident that you could refuse smoking narghile?
7. How difficult do you think is refusing a temptation to smoke narghile?
8. If a narghile smoker said “I’m sure that I will keep smoking 5 years from now”, what does that mean to you?
9. How do you think that expectation (relaxation, enjoyment) could measure the dependence?
10. Why do you or (don’t you) think that spending more time smoking is an indicator of dependence?
11. Whom do you believe more dependent, home narghile smokers or restaurant narghile smokers?
12. In which way do you think that smoking narghile could affect the family’s relations? Do more dependent smokers spend less time with their families?
13. What does the following statement mean to you “I will never go to a restaurant that does not serve narghile”?
14. How do you look at the ignorance of the health warning related to narghile smoking? Is it a good indicator of dependence?
15. How do you think narghile smokers express their dependence?
16. In which way, do you think craving is applied on narghile smokers?
17. What do you think about smoking more than one narghile a day, or more than one head a session?

18. What do you think about smoking in the morning?
19. What do you think dependent smokers would do or pay to smoke narghile?
20. What are the best indicators of dependence among narghile smokers?

